

# Eric Montrece Brown Ph.D., L.P.C.

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## EDUCATION

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<b>Doctorate in Counselor Education &amp; Supervision</b> <b>Darden Education Fellow</b> (Dissertation Fellowship) Old Dominion University, Norfolk	May 2017
<b>Educational Specialist, Mental Health Counseling</b> University of Florida, Gainesville	Aug 2009
<b>Masters of Education, Mental Health Counseling</b> University of Florida, Gainesville	Aug 2009
<b>Masters of Divinity, Theology</b> Abilene Christian University	May 2002
<b>Bachelor of Science, Psychology</b> Texas A&M University, College Station, TX	Dec 1998

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## PROFESSIONAL EXPERIENCE

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### **Assistant Professor/Core Faculty**

Counseling Program, DePaul University	Fall 2020 - Present
<ul style="list-style-type: none"><li>● Teach core counseling courses: Testing and Assessment, Trauma Counseling, Group Counseling</li><li>● Clinical Supervision of Practicum/Intern Students</li><li>● Academic Advising</li></ul>	

### **Alliance Associates, Wheaton IL**

Private Clinical Practice	Aug 2018 - present
<ul style="list-style-type: none"><li>● Individual and Couple Therapy within a clinical practice of fifteen counselors, seven psychiatrist, and eight psychologist</li><li>● Clinical counseling for couples and individual clients ranging from adolescence through adulthood with a range of mental health disorders</li><li>● Manage caseload of up to eight clients coming from diverse backgrounds</li></ul>	

### **Program Director/ Assistant Professor,**

Clinical Mental Health Counseling Program, Wheaton College	Fall 2017 – Summer 2020
<ul style="list-style-type: none"><li>● Lead a M.A. program comprised of 4 faculty and approx. 53 students</li><li>● Lead admissions process, and ensure CACREP program accreditation standards</li><li>● Teach five courses over Fall-Spring academic year</li><li>● Provide Group Clinical Supervision for six to nine Masters Practicum/Intern students each semester</li></ul>	

### **Consultation for Eastern Virginia Medical School (EVMS)**

<ul style="list-style-type: none"><li>● Collaborated with Assistant Dean of Graduate Medical Education on assessing needs of underperforming medical residents.</li><li>● Interviewed program heads from Internal Medicine, Pediatrics, Ophthalmology, PM &amp; R, to inquire about processes involving recruitment of diverse students.</li><li>● Constructed a suggested task list of ways to improve remediation of underperforming residents and increase diversity in recruitment based on suggestions of EVMS faculty, residents, and current literature.</li></ul>	June 2019
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## PROFESSIONAL EXPERIENCE, CON'T

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### **Eastern Virginia Medical School (EVMS)/ EVMS/ Norfolk Sentara Trauma Unit**

January 2016- Dec. 2016

#### Doctoral Counseling Internship

- Individual, Couples, and Family Counseling related to trauma
- Diagnosis, Assessment, Intakes of trauma survivors
- Psycho-Education Training of Medical Staff (e.g., counseling skills, multicultural competency)
- Counseling Pediatric Resident Physicians
- Executive Leadership Coaching
- Psycho-Educational and Process Groups (Grief and Loss)

### **Center for Children and Family Services**

Sept. 2016 - present

#### Hampton, VA

- Trauma informed Counseling/Therapy with Individuals, Couples, and Families in poverty
- Intakes and Bio-Psycho-Social Assessments
- Used various trauma informed modalities (i.e., Trauma informed CBT, EMDR, Interpersonal Process)
- Domestic Violence Assessments

### **Hampton Sentara Hospital**

#### Doctoral Counseling Advanced Practicum

March - May 2016

- Counseling in Oncology Units
- Crises Counseling in Emergency Rooms
- Family and Individual Counseling

### **Supervision of Masters Students**

Fall 2015 – Present

- Supervise Masters students in practicum in Mental Health Counseling
- Provide Psycho-educational training for Masters students

### **Advanced Group Therapy Practicum (Old Dominion University)**

Fall 2015 – Spring 2016

- Process Groups with undergraduate students
- Psychoeducational Group Career Development
- T-Group training for Masters level counseling students
- Led interpersonal process group for 2nd year Ph.D. students

Fall 2016

### **Program Director for CARE Now, Blaire Middle-School, Norfolk, VA**

Fall 2015 – May 2016

- Coordinated Character and Resiliency education/training for 6th graders to increase math scores and grades
- Train and supervise 15 undergraduate Human Service interns
- Work with Blair Middle School and ODU administration to coordinate the ongoing success of program
- Data collection and analysis of this 8-year program that has shown to significantly increase math scores of 6<sup>th</sup> grade students

### **Research Assistantship**

Fall 2014 - Present

- McKinney-Vento (Homeless Children in Public School System) Research partnership with ForKids, ODU, and Norfolk Public School System

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Santa Fe College, Gainesville, FL

Jan 2009 – Aug 2013

## **Counseling Internship**

(2009)

- Mental Health Counseling – Assisted students with issues ranging from relationship problems, grief counseling, developmental transitions
- Career Counseling – Counseling students who are undecided about their majors and career trajectories; MBTI, Holland's Career Typology, Strong Interest Inventory
- Workshops – Facilitated workshops for academic achievement, test preparation; set up support networks for academic motivation, multi-cultural understanding and conflict resolution

Meridian Bridge House Gainesville, FL

Jan – May 2008

## **Substance Addiction Counselor (Practicum)**

- Intakes and evaluations with substance addictions and mental health disorders
- Individual therapy for range of mental health and social adjustment issues
- Group therapy addressing motivational issues, relationship conflicts, etc.
- Psycho-Educational Groups/Classes; effects of substance abuse, 12 step process, etc.

Campus Church, Gainesville, FL

June 2002 – July 2013

## **Minister**

- Wrote and taught curriculum for various college and adult classes
- Led and managed pastoral staff consisting of three ministers and two interns
- Led and coordinated small groups, consisting of finding volunteers to lead groups of 10 to 15 people in curriculum based on weekly sermons
- Coordinated church-wide events such as service projects geared toward homeless community, low-income housing, and ESL classes for international students
- Formed and led adult and children committees, recruited volunteer lay teachers, found and wrote curriculum to meet the present needs of congregants

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## TEACHING EXPERIENCE

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**Lead Instructor of Record, M.A. DePaul University**

Fall 2020 - Present

- CSL 458. Group Counseling.
- CSL 461. Testing and Appraisal.
- CSL 466. Assessment and Treatment of Chemical Dependence.
- CSL 515. Crisis Intervention and Trauma Counseling.
- CSL 552. Practicum in Counseling.
- CSL 553. Internship in Counseling.
- CSL 554. Internship in Counseling.

**Lead Instructor of Record, M.A. CMHC Wheaton College**

Fall 2017 - Summer 2020

- *CMHC 631. Lifespan Development.*
- *CMHC 696- Graduate Internship Group Supervision*
- *CMHC 651. Substance Addiction Counseling.*
- *CMHC 653. Career Counseling.*
- *PSYC 734. Spirituality and Justice.*

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## **Co-Instructor, Counseling and Human Services Department** Old Dominion University

Summer 2015 – Present

- *COUN 820- Counselor Education Teaching and Practice- Doctoral level course covering concepts of constructivist pedagogy, supervision of human service courses being taught by 1<sup>st</sup> year PhD students, exploring various teaching methods that maybe used in CACREP Courses*
- *COUN 633- Counseling Therapy and Techniques- entry level Masters course covering basic counseling identity, skills, and various modalities*
- *COUN 650 Theories in Counseling & Psychopathology – Masters level course covering basic theories and the history of theorists and their theoretical development*
- *COUN 685 Diagnosis & Treatment – Masters level online course that focused on training students in Diagnosis based on the DSM-V and Treatment planning.*
- *COUN 644 Group Counseling- Online course, focus on providing basic information and experience in group leadership and interpersonal process*

## **Co-Instructor, Counseling Department** University of Florida Counselor Education

Spring 2006 – Fall 2007

- *MHS 505 Introduction to Counseling – Supervised and trained four incoming Masters students each semester in basic counseling skills; reviewed and critiqued video tapes of counseling sessions, assisted assimilation into graduate program*
- *MHS 634 Career Development- Masters level course covering theories in career counseling and development as well as training in various personality and career inventories (MBTI, Strong's, Holland's)*
- *SDS 6401 Counseling Skills for Non-Counselors – Worked with non-counseling majors in social and relational skills, counseling skills related to stress, anxiety, grief*

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## UNDERGRADUATE TEACHING EXPERIENCE

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### **Instructor, Human Services Department (Old Dominion University)**

Fall 2014 – Summer 2016

- *HMVS 339 Interpersonal Skills – Upper-level course that focuses on communication skills that enhance professional and personal development; a significant online component to this course*
- *HMSV 346 Culture and Diversity- Upper-level course focusing on culture and diversity issues pertaining to the human service field.*
- *HMSV 444 Psycho-Educational Groups- Upper-level course focusing on leading task and psycho educational groups.*

### **Adjunct Instructor (Santa Fe College)**

Fall 2009- Spring 2013

- *SLS 1531 Standards of Academic Progress – Wrote curriculum centered on motivation, resilience, assessing, and employing internal and external resources for this one section per term course for students on academic probation*
- *SLS 1101 College Success – Best practices for acculturating college students to academic life*
- *SLS 1301 Life and Career Development – Introduction to various vocational and professional fields of work, and context for choosing a major*

### Manuscripts Under Review

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**Brown, E. M.**, Carlisle, K., Burgess, M., Clark, J., & Hutcheon, A. (under review). Adverse and positive childhood experiences of mental health counselors as predictors of compassion satisfaction and fatigue.

**Brown, E. M.**, Liu, T., Baraka, M., Yeboah, M., Fang, T., Chang, J., Huang, L., Fu, R., Wong, S., & Jones, D. (under review). Survival strategies of faculty of color who teach multicultural competence courses.

Liu, T., **Brown, E. M.**, Yeboah, M., Chang, J., & Fu, R. (under review). Counterstories of multiculturalism: Lived experience of Asian and Black faculty teaching multicultural classes.

Cisneros, D., Anandavalli, S., **Brown, E. M.**, Whitman, J., & Chaney, M. (under review). The anti-racist mentorship model: A multicultural and social justice approach to mentor BIPOC students in counselor education.

Webber-Ritchey, K.J., Spurlark, R., Lofton, S., **Brown, E. M.**, R., Lattner, C., Nwafor, G., Ponder, T.N., & Simonovich, S.D. (under review). Social Support as Experienced by Black Nurses: Lessons Learned During COVID-19.

### PUBLICATIONS

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**Brown, E. M.**, & Baraka, M. (in press). Teaching career counseling as a pathway for justice and advocacy work. *Counselor Education and Supervision*.

**Brown, E. M.** (in press). Being intentional: Post-session preparation. In Austin, J. T. & Austin, J. A. (Eds.), *A Guide to Doing Counseling*. American Counseling Association.

**Brown, E. M.** (in press) Commentary: Mindfulness interventions in the Black community. *Journal of Psychology and Christianity*.

DeBlaere, C., Green, C. E., **Brown, E. M.**, Dwiwardani, C., Owen, J. Hook, J. N., & Davis Don E. (in press). Mindfulness and Christians of color: Themes and recommendations. *Journal of Psychology and Christianity*.

**Brown, E. M.**, & Grothaus, T. (2021). Interracial Trust Between Black Doctoral Student Proteges and White Mentors. *International Journal of Multicultural Education*, 23(2), 80-87.

McConnell, J. M., Liu, T., **Brown, E. M.**, Fort, C. J., Azcuna, D. R., Tabiolo, C. A. M., Kibble, C. D. M., & Winslow, A. B. (2021). The Multicultural Peace and Justice Collaborative: Critical peace education in a research training environment. *Peace and Conflict: Journal of Peace Psychology*, 27(2), 191–202.  
<https://doi.org/10.1037/pac0000539>

McConnell, J. M., Bacote, V., Davis, E. B., **Brown, E. M.**, Fort, C. J., Liu, T., Worthington, E. L., Jr., Hook, J. N., & Davis, D. E. (2021). Including multiculturalism, social justice, and peace within the integration of psychology and theology: Barriers and a call to action. *Journal of Psychology and Theology*, 49(1), 5-21.

**Brown, E. M.**, Ramrakhiani, S. H., & Tate, K. (2020). Not a problem to be fixed: Narratives of first-generation college graduates who are currently working in higher education. *Journal of Multicultural Counseling and Development*, 48(4), 243-246.

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**Brown, E. M.**, & Grothaus, T. (2019). Experiences of cross-racial trust in mentoring relationships with black doctoral counseling students and white counselor educators and supervisors. *The Professional Counselor*, 9(3), 211-225. doi:10.15241/emb.9.3.211

Kalkbrenner, M., **Brown, E. M.**, Carlisle, K., & Carlisle, R. (2019). Utility of the REDFLAGS model for supporting community college student mental health: Implications for counselors. *Journal of Counseling and Development*, 97, 417-426. doi: 10.1002/jcad.12290

Worthington, E. L., **Brown, E. M.**, & McConnell, J. M. (2019). Forgiveness in committed couples: Its synergy with humility, justice, and reconciliation. *Religions*, 10(1).doi.org/10.3390/rel10010013

**Brown, E. M.** (2016). Attachment Styles. *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oaks, California: SAGE Publications.

**Brown, E. M.** (2016). Differentiation. *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oaks, California: SAGE Publications.

**Brown, E. M.** (Oct. 2016). Motivational Interviewing. *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oaks, California: SAGE Publications.

Williams, C., Garrett, M., & **Brown, E. M.** (2015). First Generation African-American College Students. In K. Fasching-Varner & R. W. Mitchell (Eds.) *The Journey Unraveled: College & Career Readiness of African American Students* (p. 187-206). Lanham, Maryland: Lexington.

Tate, K.A., Torres Rivera, E., **Brown, E.**, & Skaistis, L. (2013). The legacy of Liberation Psychology: Exploring the roots of social justice in contemporary counseling. *Interamerican Journal of Psychology. Revista Interamericana de Psicología/Interamerican*, 47, 373-382.

## GRANTS

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**American Psychological Foundation Visionary Grant:** Beginning the Journey: Healing from Trauma (Prison Trauma Informed Group Therapy); \$20,000, not awarded Summer 2021

**University Research Council: Competitive Research Grant (DePaul University)** Risk and Protective Factors of Black Therapists Working with Black Clients; \$5,000 awarded Spring 2021

**Aldeen Grant** Investigation of Adverse Childhood Experiences and Resiliency factors of mental health counselors and school counselors; \$4,000 awarded Fall 2019

**Aldeen Grant** Investigating Interracial Trust between Counseling students of color and white faculty members and clinical supervisors; \$4,500 awarded Spring 2018

## NATIONAL PEER-REVIEWED PRESENTATIONS

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**Brown, E. M.** & Baraka, M. (2021, October). Survival Strategies Faculty of Color Use to Teach Multicultural Counseling Courses. 50-Minute Education Session at the Association for Counselor Education and Supervision, Atlanta, Ga.

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Webber-Ritchey, K., Spurlark, R., Lofton, S., **Brown, E. M.**, Lattner, C., Ponder, T.N., Nwafor, G., & Simonovich, S.D. (2021, October). The Experience of Black Nurses Practicing during the First Wave of the COVID-19 Pandemic: A Qualitative Study. 50-minute Oral Presentation. American Public Health Association 2021 Annual Meeting & Expo.

Chang, Y. J., Liu, T., **Brown, E. M.**, Yeboah, M., Huang, Y. (2021, July). Intra-ethnic othering among Asian Americans. Poster Presentation. Division 45 of the American Psychological Association Research Conference. (Online due to COVID).

Baraka, M. K., Fang, T., & **Brown, E. M.** (2020, March). "But I just need to trust God": Spiritual bypass in the counseling room. Poster presentation at Christian Association of Psychological Sciences. Atlanta, Ga.

McConnell, J. M., Kibble, C. D. M., & **Brown, E. M.** (2019, March 21–23). A church-based cultural humility intervention for peaceful multicultural connections. In L. Captari (Chair), *Bringing a divisive world together through cultural humility: Transforming people, communities, and systems* [Symposium]. Christian Association for Psychological Studies Annual Convention, Dallas, TX, United States.

**Brown, E.M.**, Baraka, M. K., & Fang, T. (2019, October) More Relevant Than You Think: Teaching Career Counseling as a Pathway to Justice and Advocacy Work. 50-Minute Presentation at the Association for Counselor Education and Supervision, Seattle, WA.

Bertolet, C., Parks-Savage, A., **Brown, E.M.**, & Gerwe, C. (2019, October). Supervising Counselors as Coaches: Exploring the Ethical Dilemmas. 50-Minute Presentation at the Association for Counselor Education and Supervision, Seattle, WA.

Liu, T., Chang, J., **Brown, E. M.**, Huang, L, Liu, C., & Godon-Decoteau, D. (2019, October) Internalized Racism and Intra-Ethnic Othering among Asian Americans: From Victim-Blaming to Solidarity Building. 90-minute session at the Asian American Psychological Association National Convention, San Diego, CA.

McConnell, J. M., & **Brown, E. M.** (2018, March 9–11). The role of needs assessments in racial peace and reconciliation. In J. M. McConnell & E. M. Brown (Chairs), *Racial peace and reconciliation: Methodological insights to experiential promise* [Symposium]. Division 48 of the American Psychological Association 1st Annual Convention, South Bend, IN, United States.

**Brown, E.M.**, Grothaus, T. (2017, October) Cross-Ethnic Trust Factors: Black Counselors with White Mentors. 60-Minute Education Session at the American Counselor Education and Supervision Conference, Chicago, IL.

**Brown, E. M.**, Kalkbrenner, M., Carlisle, K. (2017, March) Cross-Ethnic Trust Factors: Black Counselors with White Mentors. 60-Minute Education Session at the American Counseling Association (ACA) annual conference, San Francisco, CA.

**Brown, E. M.** (2017, March) Frankl and Yalom's Existential Therapies: Paradigms for Both the Atheist and Religious. 60-Minute Education Session at the American Counseling Association (ACA) annual conference, San Francisco, CA.

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**Brown, E. M.**, Holland, D., Carlisle, K. (2016, March). Positive Counseling: Going from What's Wrong to What's Strong. 60-Minute Education Session at the American Counseling Association (ACA) annual conference, Montreal, Canada.

Tate, K. A., **Brown, E.M.** (2016, March). Career Exploration: A Career Program for First-Generation, Low-Income College Students. Counselors for Social Justice Featured Poster Presentation Session at the American Counseling Association (ACA) annual conference, Montreal, Canada.

**Brown, E. M.**, Kalkbrenner, M.T. (2015, March). *Infusing social justice in counselor education*. Presentation at the Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA.

Kalkbrenner, M.T., **Brown, E. M.** (2015, March). *Cognitive Information Processing Theory and the integration of career and mental health counseling services on college campuses*. Poster presentation at the Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA.

**Brown, E. M.**, Ramrakhiani, S. (2015, Oct.). Stories of Resilience: First Generation Graduates Tell Their Stories. Poster at American Counseling Education and Supervision Conference (ACES), Philadelphia, PA.

## INVITED PRESENTATIONS

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**Brown, E. M.** (2021, April). "How Mental Health Impacts Career Development." 60-minute keynote presentation. Illinois Career Development Association. Virtual Hybrid Conference.

**Brown, E. M.** (2020, December). "Using Google Docs as a Teaching Tool." December Teaching & Learning Forum. DePaul University.

**Brown, E.M.** (2016, June). Positive Counseling for First Generation College Students: Going from What's Wrong to What's Strong. Keynote Presentation at the New Jersey State EOFPA Institute Training for Counselors, Rider University, Lawrence Township, NJ.

## SERVICE TO INSTITUTION

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### Dissertation Committee (DePaul University)

- Arizaga, J. A. (2021). An examination of intergenerational trauma and mechanisms of transmission in a predominately latine sample using empirically-derived parent trauma typologies. Defense for the PhD in Psychology.

### Search Committee (DePaul University)

- Member of committee to hire two non-tenure track faculty. Spring 2021
- Member of committee to hire full-time administrative assistant. Summer 2021

### Scholarship Committee (DePaul University)

- Rev. Patrick J. McDevitt Counseling Student Endowed Award Fall 2020

### Faculty Development Committee (Wheaton College)

May 2019 – May 2020



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- Member of committee comprised of seven faculty member across the college who meet monthly to promote the wellbeing and professional development of faculty across the institution
- Review college wide educational standards for faculty such as syllabi information
- Construct programing that seeks to promote faculty development in teaching, scholarship, and emotional well-being

### **“Working in Community” Advisory Council (Wheaton College)**

Spring 2019

- Committee selected by President and Provost of the College to examine college wide survey of workplace environment
- Met with eleven other staff and faculty members across the college once a month to analyze quantitative and qualitative data of staff and faculty and suggest action steps to increase work and employment satisfaction for all employees at the college.

### **Passage Faculty Instructor-Mentor (Wheaton College)**

Summer 2018

- Summer program for incoming freshman and undergraduate transfer students
- Teach a one-hour course for incoming students across majors to help acculturate them to a liberal arts education
- Provide formal mentoring for seven male students during their first year in college

## SERVICE TO COMMUNITY

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**New Community Outreach** (December 2020)- In-service training for adolescent mentors presenting on the Adverse Childhood Experiences and Positive Childhood Experiences studies and training in basic listening skills. Bronzeville, Chicago, IL. <http://newcommunityoutreach.org/>

**Alongside Inc** (January 2020)- In-service training for staff Psychologist and Therapist presenting and providing consultation on the use of Adverse Childhood Experiences and Positive Childhood Experiences studies with cross-cultural workers. Richland, MI. <https://www.alongsidecares.net/>

**DuPage County NAACP** (May 2020 – present)- Serve on a multidisciplinary team where I have consulted three times on mental health issues of minoritized adolescents during COVID. <http://dupagecountynaacp.org/>

## MEMBERSHIPS/TRAININGS/CERTIFICATIONS

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**Nationally Certified Counselor # 628666**

Sept. 2015

**License Professional Counselor (Illinois) Lic.# 178013518**

Dec. 2017- Present

**Illinois Mental Health Counseling Association**

**American Counseling Association**

December 2014 - Present

**International Association for Resilience and Trauma Counseling  
Association for Counselor Education and Supervision**

- Served as reviewer of presentations

2015, 2018, 2020

**American College Counseling Association**

**Association for Multicultural Counseling and Development**

**Emotionally Focused Therapy**

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EFT Externship	July 2018
Core Skills	Fall 2019 – Spring 2020
<b>Safe Space Training (Old Dominion University)</b>	Spring 2015
LGBTQ+ Safety & Counseling Issues	
<b>Green Cross Academy of Traumatology</b>	
Compassion Fatigue Educator Certification (16 hours)	Sept 2015
Compassion Fatigue Therapist Certification (16 hours)	Sept 2015
Disaster, Stress, and Field Traumatology (16 hours)	Oct 2015
Treating Traumatized Children & Adolescents (16 hours)	Oct 2015
Treating Traumatized Families (16 hours)	Oct 2015
Assessment/Treatment of Post-Traumatic Stress Disorder (16hrs)	Dec
2015	
Grief and Loss (16 hours)	Jan 2016
Psychological First-Aid (16 hours)	Jan 2016
Treating Sexual Trauma (16 hours)	Feb 2016
Treating Phobia and Anxiety with Trauma (EMDR Level 1) (20 hrs)	March 2016