

JENNIFER L. CANNON
PhD, LCPC, NCC, ACS

Education

- PhD Counseling and Counselor Education (CACREP)** May 2018
University of North Carolina, Greensboro, NC
Cognate: Women and Gender Studies
- MSEd Clinical Mental Health Counseling (CACREP)** December 2013
Southern Illinois University, Carbondale, IL
Specialization: Marriage, Couple, and Family Counseling
- AA Applied Sciences, Interpreter Preparation** May 2011
John A. Logan College, Carbondale, IL
Specialization: American Sign Language (ASL)
- BA Psychology** May 2009
Southern Illinois University, Carbondale, IL
Minor: Women's Studies

Professional Licensure & Certifications

- Licensed Clinical Professional Counselor (IL) #180011490
National Certified Counselor #331807
Approved Clinical Supervisor #3309

Teaching Experience

- Program Development in Student Affairs: CSL 492** Spring 2019
DePaul University
- Teach CSL 492 with master's-level CSL counselors-in-training and High Education concentration students
 - Provide information regarding the the counseling profession in college and student affair settings as well as program development in higher education and student affairs
 - Provide flipped lectures, in-class lectures, and classroom discussions pertaining to how to apply Student Affairs Theory and Program Development Theory can be applied in the college setting
 - Facilitate online discussion board conversations pertaining to the course materials and students' questions
 - Oversee the planning and execution of the CSL Internship Student Showcase (i.e., poster conference)

Group Counseling: CSL 458

Spring 2019

DePaul University

- Provide information regarding group counseling (e.g., theory, development)
- Provide flipped lectures, in-class lectures, and classroom discussions pertaining to how to apply core group counseling concepts and other aspects of group counseling (e.g., basic group counseling skills, multicultural counseling, ethics)
- Facilitate online discussion board conversations pertaining to the course materials and students' questions
- Facilitate weekly group counseling sessions with master's-level counselors-in-training

Introduction to the Counseling Profession: CSL 452

Autumn 2018 & Winter 2019

DePaul University

- Taught two sections of CCSA 452 with master's-level counselors-in-training
- Provided introductory information regarding the counseling profession
- Provided flipped lectures, in-class lectures, and classroom discussions pertaining to how to apply core counseling concepts and other aspects of counseling (e.g., basic counseling skills, advocacy, multiculturalism, ethics, evaluation, and assessment)
- Facilitated online discussion board conversations pertaining to the course materials and students' questions

Contextual Dimensions of College Student Development: CSL 491

Winter 2019

DePaul University

- Taught CSL 491 with master's-level counselors-in-training
- Provided information regarding the the counseling profession in college and student affair settings
- Provided flipped lectures, in-class lectures, and classroom discussions pertaining to how to apply counseling concepts and other aspects of counseling within the college and student affairs settings
- Facilitated online discussion board conversations pertaining to the course materials and students' questions

Counseling the Sexually Abused Client: CED 688 *Online*

Summer 2018

University of North Carolina at Greensboro-*Adjunct Professor*

- Facilitated asynchronous and synchronous classes to provide knowledge and clinical skills to ensure counselor competency in working with clients who have been sexually abused
- Provided flipped lectures and facilitated online discussion sessions
- Provided extensive Dialectical Behavioral Therapy training for working with this population as well as other theories (e.g., CBT, TFCBT)

Love, Sex, & Healthy Relationships: CED 392 Fall 2017 & Spring 2018
University of North Carolina at Greensboro

- Taught undergraduate students knowledge and skills to foster satisfying and healthy personal relationships, with a particular focus on intimate partnerships
- Provided flipped lectures and narrated PowerPoints
- Facilitated in-class experiential learning activities (e.g., healthy relationship role-playing)

Career Counseling: CED 210 *hybrid-online* Fall 2016 & Spring 2017
University of North Carolina at Greensboro

- Taught an undergraduate-level hybrid-online (synchronous, asynchronous, and face-to-face) to aid them in making career decisions, developing job search skills, and learning how to make successful transitions
- Facilitated in-class discussions and experiential learning activities
- Provided flipped lectures and online discussion boards
- Attended bi-weekly course supervision

Practicum in Helping Relationships: CED 610 Fall 2015
University of North Carolina at Greensboro

- Taught master's-level counseling students basic helping skills
- Facilitated skill based peer-to-peer role-plays
- Provided constructive feedback
- Facilitated student-led feedback sessions

Practicum in Counseling Theories: CED 620 Fall 2015
University of North Carolina at Greensboro

- Taught master's-level counseling students helping theories
- Modeled theory-based interventions
- Provided constructive feedback
- Facilitated student-led feedback sessions

Co-Teaching Experience (Face-to-Face & Online)

Counseling the Sexually Abused Client: CED 688 *Online* Summer 2017
University of North Carolina at Greensboro

- Facilitated asynchronous and synchronous classes to provide knowledge and clinical skills to ensure counselor competency in working with clients who have been sexually abused
- Provided flipped lectures and facilitated online discussion sessions
- Provided extensive Dialectical Behavioral Therapy training for working with this population as well as other theories (e.g., CBT, TFCBT)

Group Counseling: CED 650

Spring 2017

University of North Carolina at Greensboro

- Co-taught Group Counseling theoretical foundations, interventions, dynamics associated with group process, and developmental and therapeutic factors to master's-level counselors
- Facilitated experiential activities and in-class workshops
- Provided flipped lectures and narrated learning modules

Special Invitation Lecturer Experience**Workshop Presenter**

July 2019

The University of North Georgia: Trauma Competency Training

- Conduct DBT Skills and Mindfulness workshops over a two day period for masters-level counselor trainees and local community counselors

Guest Lecturer

March 2018

University of North Carolina at Greensboro

- Conducted a Healthy Relationships workshop for undergraduate students enrolled in Dr. Laura Land's CED 392: Love, Sex, & Healthy Relationships

Guest Lecturer

Sept. 2017

University of North Carolina at Greensboro

- Conducted a DBT workshop for doctoral students enrolled in CED 756: Advanced Counseling Theory

Guest Lecturer

April 2017

Appalachian State University

- Conducted a DBT and Trauma focused webinar to master's-level counseling students with Q & A session

Workshop Lecturer

Jan. 2017

UNCG Nicholas A. Vacc Counseling and Consulting Clinic

- Conducted a DBT Skills workshop for masters-level counselor trainees during their clinical orientation

Guest Lecturer

Nov. 2016

University of North Carolina at Greensboro

- Conducted a DBT Emotion Regulation workshop undergraduate students enrolled in CED 310: Helping Skills

Supervision Experience

Supervisor

Spring 2017

University of North Carolina at Greensboro

- Supervised master's-level students enrolled in advanced counseling practicum
- Provided feedback and support regarding live sessions and tape reviews
- Conducted individual and triadic supervision sessions
- Maintained supervision records (e.g., developmental plans, supervisee assessments, evaluations)

Co-Supervisor:

Spring 2017

University of North Carolina at Greensboro

- Supervised doctoral-level students running process groups for the Group Counseling (CED 650) Course
- Provided feedback and support regarding group dynamics and interventions

Co-Supervisor:

Spring 2017

University of North Carolina at Greensboro

- Supervised group supervision for master's-level students enrolled in counseling practicum
- Conducted weekly group supervision session and provided feedback and support
- Facilitated mindfulness trainings

Supervisor:

Fall 2016

University of North Carolina at Greensboro

- Provided clinical supervision for masters-level counselors-in-training
- Attended weekly supervision course and consultation sessions
- Facilitated case presentations to faculty members and peers portraying supervisory skills and maintained supervision records (e.g., assessments, goals, developmental plans, and evaluations)

Advising Experience

Advisor

Autumn 2018-Present

DePaul University

- Advise master's-level students enrolled in the Collage Counseling and Student Affairs track (30-35 students)
- Provide students with course advisement and information regarding their program plan of study
- Provide students with support (i.e., regarding questions and transitions throughout their program) and feedback
- Maintain advisement records
- Course advisor for 30-35 CCSA track students
- Updated the Collage Counseling and Student Affairs advertising posters
- Created a CCSA Advisor Duty Timeline Guide

Counseling Experience

Crisis Counselor & Consultant

Jan. 2016 – Jan 2018

UNCG Nicholas A. Vacc Counseling and Consulting Clinic

- Provided weekly crisis counseling and consultation services
- Supported masters-level counselor trainees with suicide risk assessments and client safety plans
- Ensured client safety and welfare

Individual & Group Counselor

Jan. 2016 – May 2016

UNCG Counseling Center-Anna M. Gove Student Health Center

- Provided individual counseling services to 8-10 clients per week as a part of a paid doctoral internship experience
- Co-facilitated a weekly *Interpersonal Process Group* with 15 clients
- Counseled clients experiencing a range of issues (e.g., trauma, sexual orientation, depression, anxiety, addictions, psychosis, interpersonal)
- Conducted initial consultations and assessments
- Presented clinical cases to interdisciplinary team (e.g., treatment plans, session records, aftercare planning) at weekly staff meetings
- Maintained clinical records (e.g., assessments, treatment plans, session records, aftercare planning)
- Created a *Mindfulness Sensory Station* for clients to utilize in the lobby

Group Counselor

Aug. 2015 – Dec. 2015

University of North Carolina at Greensboro

- Provided group counseling services for 6 students per week as a part of a doctoral counseling practicum experience
- Facilitated process groups for master's-level counselor trainees enrolled in:
 - CED 605: Counseling Diverse Populations
 - CED 675: Practicum in Counseling in Community Settings

Individual Counselor

Aug. 2015 – Dec. 2015

UNCG Nicholas A. Vacc Counseling and Consulting Clinic

- Provided individual counseling services to 6-9 clients per week as a part of a doctoral counseling practicum experience
- Counseled clients experiencing a range of issues (e.g., gender identity, sexual orientation, depression, anxiety, trauma, addictions, adjustment disorders)
- Conducted intake procedures and assessments
- Presented clinical case presentations to peers portraying case management skills (e.g., treatment plans, session records, aftercare planning)
- Maintained clinical records (e.g., assessments, treatment plans, session records, aftercare planning)

DBT Specialist & Group Counselor

May 2014 – June 2015

Timberline Knolls Residential Treatment Center (Lemont, IL)

- Provided DBT group and individual counseling 40 hours per week for adolescent and adult women (approx. 16 groups per week and 5 individuals per week)
- Counseled clients experiencing a range of issues (e.g., trauma, addictions, disordered eating, co-occurring disorders, mood disorders, interpersonal issues, sexual orientation)
- Facilitated DBT skills groups based on acceptance and change modules
- Maintained clinical records for residents (e.g., session progress notes, individualized DBT treatment plans)
- Created and facilitated psycho-educational and process groups for adolescents that taught effective communication skills and ways to navigate strenuous situations while in treatment, after discharge, and within their family systems
- Provided crisis intervention counseling
- Attended weekly licensure supervision and consultations pertaining to *Dialectical Behavior Therapy, Trauma and Resilience Building, Disordered Eating, and Mood Disorders*

Behavioral Health Specialist

Mar. 2014 – May 2014

Timberline Knolls Residential Treatment Center (Lemont, IL)

- Provided crisis intervention counseling in the milieu setting
- Counseled clients experiencing issues related to trauma, addictions, eating disorders, co-occurring disorders, mood disorders, and interpersonal issues
- Collaborated with interdisciplinary treatment teams (e.g., medical doctors, psychiatrists, primary and family therapists, and nutritionists) to coordinate treatment
- Monitored and recorded residents' progress with respect to treatment goals
- Conducted Suicide Risk Assessments (SRS) to ensure residents safety

Individual, Couple, & Family Counselor

May 2013 – Dec. 2013

Southern Illinois University Clinical Center (Master's-Level Clinical Internship)

- Provided individual, couple, and family counseling services to 15-25 clients per week
- Counseled clients experiencing issues related to depression, anxiety, trauma, communication, disordered eating, intimacy, cultural issues related to interracial relationships, substance abuse, sexual orientation struggles, and adjustment disorders
- Provided crisis intervention counseling two days per week
- Presented clinical case presentations to interdisciplinary team of clinical staff members and peers portraying case management skills (e.g., client treatment plans, interventions, progress, and aftercare planning) and maintained clinical records
- Conducted weekly intakes and individual screenings for psycho-educational and support groups

Marriage, Family, & Couple Counselor Jan. 2012 – May 2013
Southern Illinois University Clinical Center (Master's-Level Clinical Practicum)

- Provided counseling services for 10 couples and families with children per week
- Counseled clients experiencing issues related to communication, trust, intimacy, physical and sexual trauma, multicultural differences within interracial relationships, parenting styles, infidelity, depression, borderline personality disorder, sexual orientation, and family dynamics
- Utilized Family Systems, Emotion Focused Therapy, Gottman techniques, Satir Transformational Systemic Therapy, DBT, and other approaches

Group Counselor Aug. 2012 – Dec. 2012
Southern Illinois University (Master's-Level Group Practicum)

- Co-facilitated a career counseling, psychoeducational and process group
- Led in-group process discussions
- Administered career assessments and mock interviews

Individual Counselor Jan. 2012 – May 2012
Southern Illinois University (Master's-Level Counseling Practicum)

- Provided counseling services for approximately 5-8 adults per week with issues related to anxiety, depression, substance abuse, sexual orientation, and adjustment disorders
- Conducted 2-3 intake interviews weekly
- Led clinical case presentations for interdisciplinary team of clinical faculty and peers showcasing client treatment plans, interventions, progress, and aftercare planning
- Utilized CBT, DBT, Solution-Focused, and Gestalt therapeutic approaches

Research Interests

- Understanding the moderating role of mindfulness on attachment related anxiety and avoidance and counseling self-efficacy among master's-level counselors
- Using Dialectical Behavior Therapy and other theoretical orientations (e.g., Gestalt, CBT, Family Systems) to foster change in clients experiencing issues related to trauma, addictions, self-harming behaviors, co-occurring behaviors, disordered eating, sexual orientation, and identity issues
- Integrating wellness-based and culturally competent interventions into counselor training programs

Research Experience

Researcher May 2018-Present
Healthy Relationships Initiative (HRI)

- Analyze data collected through various Healthy Relationships Initiative projects
- Compose research manuscripts for publication in peer-reviewed journals

Research Assistant Oct. 2017 – May 2018
University of North Carolina at Greensboro

- Research team member for Dr. Laura Land
- Assisted in Analyzing and coding the data for her Delphi dissertation study "The Knowledge, Skills, Attitudes, and Teaching Practices that are Necessary for Trauma Education in Counseling"

Research Assistant & Facilitator Oct. 2017 – May 2018
University of North Carolina at Greensboro

- Research team member for Dr. Sara Bailey
- Facilitated an intervention portion of her dissertation study "The Game of I am: Enhancing Empathy and Improving Attitudes Toward Older Adults in First-Year Master's Counseling Students"
- Assisted in communicating with participants and data collection

Research Apprentice Aug. 2015 – May 2016
University of North Carolina at Greensboro

- Served as research team member under Dr. Carrie Wachter Morris
- Analyzed and coded data related to pedagogy and learning interventions
- Reviewed research grant proposals for AARC
- Gathered and constructed research related to Childhood Sexual Abuse (CSA)

Research Assistant Aug. 2011 – June 2012
Southern Illinois University

- Served as research team member for Dr. Kerri Kardatzki-Fuenfhausen
- Gathered research articles and compiled literature related to marriage, families, and couples' topics and assisted in writing and editing research manuscripts

Peer-Reviewed Presentations

National Conferences

- Cannon, J. L. & Bailey, S.W. (2019). Mindful narratives: Rewriting adult clients' ageist narratives to promote efficacy and self-compassion. *Association for Adult Development and Aging*.
- Cannon, J. L. (2019). Mindfully aware of how supervisors' attachment strategies impact trainees. *Association of Counselor Educators and Supervisors*.
- Cannon, J. L. & Bailey, S.W. (2019). Combating Ageist Messages by Increasing Ones' Attention and Compassion Through Mindfulness. *Association of Counselor Educators and Supervisors*.
- Cannon, J. L. (2017). Preparing trainees: Utilizing dbt radical acceptance with lgb clients during the coming out process. *Association of Counselor Educators and Supervisors*.
- Cannon, J. L. (2017). Mindfully moving towards security: Examining how mindfulness moderates the relationship between attachment strategies and counselor self-efficacy. *Association of Counselor Educators and Supervisors*.

Regional Conferences

- Cannon, J. L. (2016). Coming out: Using dbt and radical acceptance with lgbt clients during sexual identity enactment. *Southern Association of Counselor Educators and Supervisors*.
- Cannon, J. L. & Umstead, L. K. (2016). Training counselors to use dbt to treat self-harm in college men and increase resiliency. *Southern Association of Counselor Educators and Supervisors*.

Publications

Peer-Reviewed Publications

- Cannon, J. L. & Murray, C. E. (2019). Promoting healthy relationships and families: An exploratory study of the perceptions of resources and information and skill needs among couples, single adults, and parents. *The Family Journal*.
- Cannon, J.L., & Boccone, P. J. (2019). Attachment injuries with bisexual clients and their monosexual partners during the coming out process. *Journal of Bisexuality*.
- Cannon, J. L. and Umstead, L. K. (2018). Applying dbt to self-harm in college men: A case study. *Journal of College Counseling*.

Publications

- Cannon, J. L. (2017) Promoting organizational wellness: A servant leader's perspective. *CSI-net.org*

Editorial & Reviewer Experience

- Editorial Board Member: *Counseling and Values* journal Aug 2018-Present
- Assistant Editor: *Counseling and Values* journal July 2017-July 2018
- Ad Hoc reviewer for *The Clinical Supervisor* May 2017-Present
- Ad Hoc reviewer for *Journal of College Counseling* Aug. 2017

Administrative Experience

Admissions Graduate Assistant

May 2017-May 2018

The University of North Carolina at Greensboro

- Assisted the faculty with processing incoming doctoral applications, interview protocols, and conducted candidate interviews (i.e., individual and group)
- Worked with the UNCG graduate admissions department to ensure prospective student applications are processed appropriately
- Provided tours and facilitated dialogue with prospective doctoral students
- Provided current doctoral students with pertinent program information

Clinical & Administrative Graduate Supervisor Jun. 2012 – Dec. 2013
Southern Illinois University Clinical Center

- Co-created and managed a community outreach team to promote services offered by the Clinical Center and foster community networking
- Identified potential community resources, attended community events to promote the Clinical Center and managed an outreach team of 8
- Managed a crisis intervention team of 7 clinicians
- Revised Clinical Center policy and trained approximately 50 clinicians on the updated policies, procedures, and the electronic record keeping system, “Titanium”
- Assigned clientele to the appropriate clinicians under the supervision of the Clinical Center Director

Leadership & Service

CSL Welcome Back Party Coordinator Autumn 2018
DePaul university

- Planned and implemented a welcome back party to promote community building among the CSL students and faculty members

CACREP Site Visit Room Coordinator Autumn 2018
DePaul university

- Located a room for the site visitors to utilize
- Stocked the room with supplies and refreshments
- Tended to additional accommodations for the site visitors upon request (i.e., provided restaurant suggestions, directions around the department, additional supplies for working)

Chi Sigma Iota (CSI) Past-President (Upsilon Nu Chi) May 2017 – May 2018
University of North Carolina at Greensboro

- Served as an advisor to CSI officers and chapter leaders
- Advised the current President in making decisions related to the chapter
- Coordinated and oversaw chapter activities with the President
- Facilitated bi-weekly wellness sessions for the CSI and CED community

Chi Sigma Iota (CSI) President (Upsilon Nu Chi) May 2016 – May 2017
University of North Carolina at Greensboro

- Served as an advisor to CSI officers and chapter
- Co-Editor of the Upsilon Nu Chi Quarterly Newsletter
- Coordinated and oversaw activities (e.g. all committee activities, wellness awareness initiative, and community advocacy projects)
- Corresponded with CSI Headquarters
- Certified eligibility of prospective members
- Participated in CSI faculty forums and trainings during regional and national meetings as well as CSI and ACA conferences
- Created and facilitated *Wellness Awareness* weekly workshops

Chi Sigma Iota (CSI) President-Elect (Upsilon Nu Chi) Aug. 2015 – May 2016
University of North Carolina at Greensboro

- Served as an assistant advisor to the CSI officers and chapter
- Supported the current President in making decisions related to the chapter
- Coordinated and oversaw activities with the President
- Organized a Holiday Special Event for CSI members and CED students and faculty

UNCG Graduate Student Association Senator Aug. 2015 – May 2018
University of North Carolina at Greensboro

- Represent the CED department in making decisions related to UNCG graduate student affairs

Chi Sigma Iota (CSI) President & Activities Leader (Delta) Jan. 2012 – Dec. 2013
Southern Illinois University

- Served as advisor to CSI officers and chapter
- Represented the department and the faculty in making decisions related to the chapter
- Coordinated and oversaw activities and fundraisers
- Responsible for all correspondence with CSI Headquarters and recruited prospective members

Awards & Notable Accomplishments

Outstanding Doctoral Student 2017
The University of North Carolina at Greensboro

Head Administrative Graduate Assistant 2012- 2013
Southern Illinois University Clinical Center

Outstanding Entry-Level Master's Student 2012
Southern Illinois University

Outstanding Service to CSI Chapter 2012
Southern Illinois University

Grants & Funding

DePaul University Grant 2019
DePaul University QIC-Summer Stipend Program
Developing a *Couple & Family Counseling Program*

UNCG Professional Development Funds Recipient 2016 & 2017
Graduate Student Association

Professional Affiliations

Illinois Counseling Association	Since 2018
American College Counseling Association	Since 2018
North Central Association of Counselor Education and Supervision	Since 2018
Southern Association of Counselor Education and Supervision	Since 2016
North Carolina Counseling Association	2016-2018
Association of Counselor Education and Supervision	Since 2015
Eating Disorder Coalition	Since 2014
Chi Sigma Iota	Since 2012
American Counseling Association	Since 2011